



EXECUTIVE SUMMARY

H.O.N.O.R. Mentoring is a simple, turn-key, award-winning program developed specifically to assist justice-involved veterans and their neighbors to find purpose and meaning that has been missing in their lives of incarceration.

The modules and curriculum of H.O.N.O.R. Mentoring provide participants with opportunities to connect, build bonds, and truly relate to each other. Out of this comes the space to collectively solve the challenging daily issues in the prison environment. Through this process, H.O.N.O.R. Mentoring enables life-changing hope and direction to take root as prisoners work together to build a community, they are all invested in and strive to preserve. The involvement in both the creation and operation of a community that belongs to them is what will make the difference, reducing and eliminating the negative conditions all prison systems are struggling with such as drug use, overdoses, suicides, violence, etc. Such a community prepares residents for successful release and/or allows those whose lives will remain behind bars to still find purpose and meaning as they continue to lead and operate the plans of the H.O.N.O.R. Mentoring program. H.O.N.O.R. is an acronym for ***Helping Our Neighbors Overcome and Rebuild***.

The program is conducted “by the numbers” in the following stages:

Phase One: Connecting and Processing

The Triumph Program is a 12-week curriculum that processes damaging and traumatic events often at the root of criminal behavior. This program allows participants to find purpose and meaning in what they have endured and set goals to use their newfound abilities to serve others. It creates channels of communication and connection that are often missing in prison, as it is conducted within small peer groups. ***The Tactical Field Manual for the Battlefields of Life*** is the other Phase One principle-based curriculum. It teaches actual military tactical strategies used for winning wars and translates them into day-to-day practical applications for the prison environment and beyond. This field manual will empower participants to learn and apply tactics that will help them build (or rebuild) their foundations, conquer emotions, and prepare ahead of time to respond to the challenges they face with action instead of destructive reaction.

Phase Two: *Planning and Expanding*

Pathfinder Project Leadership Training is the second phase of the process where graduates of *Phase One* can force-multiply, teaching what they have learned to others and making specific plans for building a positive community for all to participate. The *Pathfinder Training* is based on military leadership principles that apply to any mission and objective. *Pathfinder Leadership Training Graduates* become the official “**Pathfinders**” who operate the third level of this community-building project: **H.O.N.O.R. Mentoring**.

Phase Three: *Exploring and Experiencing*

H.O.N.O.R. Mentoring is the expansive format for external discovery (exploration) for which **Pathfinders** (*Triumph Program and Leadership Training Graduates*) have been prepared to bring their personalized innovation and direction. Based on the skills and interests of these leaders who have risen from *Phase One* and *Two*, customized departments can be created to implement programming for the entire qualifying community membership (qualifications will be designed to encourage positive behavior). For example, there can be an education department covering ESL, GED, study groups, etc., an athletics department with fitness courses and league sports, an art department with art appreciation and artmaking, etc. Opportunities to organize, lead, or participate in such departments will be provided in both low and high-security housing as appropriate. This will prepare those in higher security settings to move out to general population as well as provide programming to those who will never be able to leave the more secure areas.

The ***H.O.N.O.R. Community*** includes the ***60/40 Concept***, Pathfinder Project’s drug interdiction approach inspired by General Colin Powell. When briefing the media on the eradication of the Iraqi Army in 1991 he said, “First we’re going to cut it off, then we’re going to kill it.” The ***60/40 Concept*** states that we can cut off the need for drugs by replacing it with purpose and fulfillment. When we stop 60% of the demand for drugs then the quantity of drugs being made available will be reduced by at least 40%. First, we cut off the need and then we can kill the demand for drugs. When prison becomes a place of true rehabilitation and preparation for success in life, the need for escape via drugs will be replaced with hope for an abundant life.

Participants in H.O.N.O.R. Mentoring will have their program completions sent to the parole board and will be communicated with directly through the J-pay system, individually by outside veteran volunteer mentors, and as a community through newsletters sent via that platform.

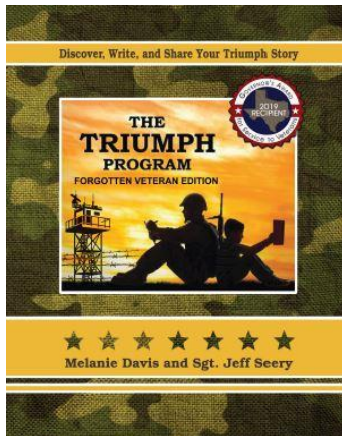
*Continue reading for more detailed information about the
H.O.N.O.R. Curriculum and Structure.*

THE TRIUMPH PROGRAM

Award-Winning Trauma-Informed Narrative Therapy

Definition of Trauma-informed: finding meaning and purpose in life, seeing oneself as more than your trauma(s). Shifting from the medical question, “What’s wrong with you?” to the trauma-informed question of, “What’s happened to you?”

Evidence-based Techniques Used in The Program:



- Logotherapy
- Narrative Therapy
- Music Therapy
- Art Therapy
- Peer Support
- Gratitude Journaling
- Goal Setting
- Vision Board
- Guided Meditation



The Triumph Program and the healing of our Forgotten Heroes (justice-involved veterans) have the potential to heal the veterans who participate and uplift all inmates within the units where the program is implemented.



The Triumph Program Testimonials

“I first met Melanie Davis in June 2017. I was impressed with her genuine interest in helping Incarcerated Veterans, utilizing ***The Triumph Program***. I read the book associated with the program and was humbled by the tragedies and triumphs experienced by the Veterans in the book. The program tackles many obstacles faced by Veterans, but the concern at the time was: *would the program relate to Incarcerated Veterans- those who have spent many years compartmentalizing their past experiences due to their time incarcerated?* Incarcerated Veterans tend to be in a constant struggle between behaving in a manner bestowed to them by the military and behaving in a manner bestowed to them by correctional staff. This struggle very quickly disintegrated with the Veterans participating in ***The Triumph Program***. The Incarcerated Veterans learned to face both struggles head-on and seamlessly combine the two. From PTSD, substance abuse, and dysfunctional families- all issues are addressed in a therapeutic way by utilizing art, music, and storytelling. I highly recommend ***The Triumph Program*** be used at other correctional facilities as I have yet to find another program to address both struggles so efficiently and effectively.”

Sergeant Kimberly Anderson, Inmate Programs
Montgomery County Jail V.E.T.S. Program

“We bury things deep down that we don’t want to deal with, but when you write it down and read it out loud, you have to dig it up, face it, and process it. I hadn’t cried in 30 years. I didn’t cry when my mom died and I was in prison, not there for her; but I finally grieved her death in ***The Triumph Program*** and shed some tears. It was surprisingly healing.”

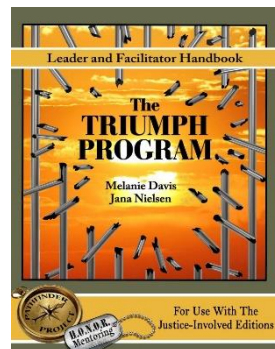
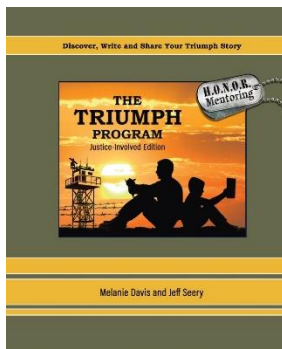
Will Forgotten Veteran

“Telling my story is more therapeutic than someone else saying what’s wrong with me.”

Quaid Forgotten Veteran

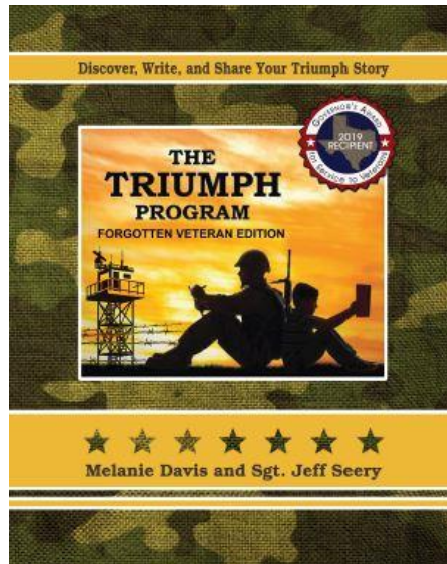
“Before ***Triumph***, I was indifferent, impassive, inanimate, indignant, insensitive... I think the right word would be apathetic. I want to take this immediate second to tell you how right you were when you said, “Write your tragedy.” If you could see me right now on a top bunk, crying real tears... my long-time coming, honest, and good tears that I have been holding back this whole time, you’d know how important you are to Forgotten Veterans. “

Cash Forgotten Veteran



There is also a version of *The Triumph Program* for All Incarcerated and a *Leader and Facilitator Handbook* with training and week-by-week instructions.

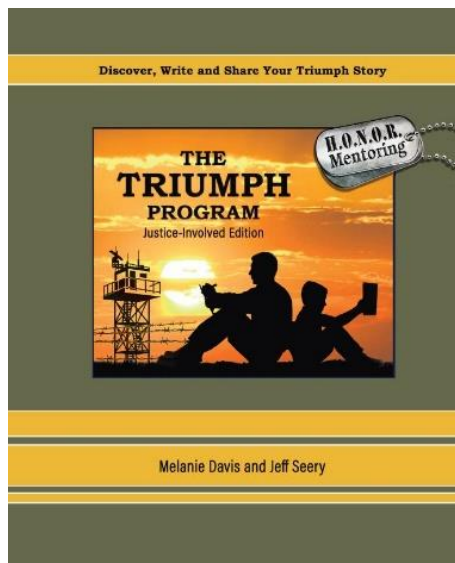
H.O.N.O.R. Mentoring Curriculum Materials



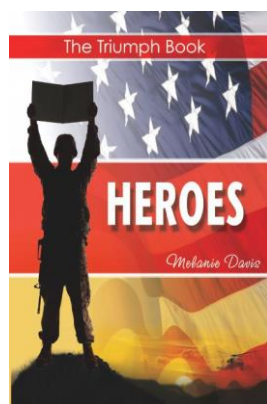
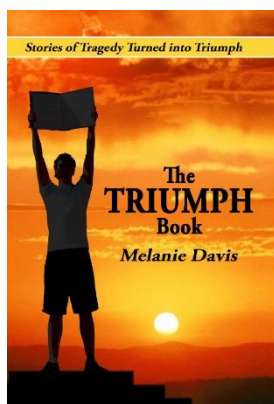
The Triumph Program: Forgotten Veteran Edition is a multiple award-winning trauma-informed narrative therapy process assisting incarcerated veterans to put past horrors on paper, work through the anger, survivor's guilt, and anxiety that PTSD brings, and find purpose and meaning in the experience of war.

After completing 12 weeks of a small **Triumph Peer Group**, veterans have their innate desire to serve others (which led them to join the military) reignited as the final sections are focused on setting goals and seeking ways to serve others as a means of healing. As an extension of *The Triumph Program's* effectiveness, there must be ample opportunities for service. This need for service opportunities in prison was the catalyst for the

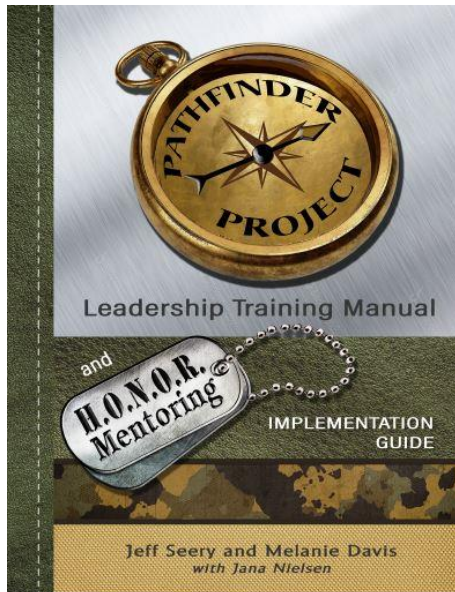
development of **H.O.N.O.R. Mentoring**. H.O.N.O.R. is an acronym for *Helping Our Neighbors Overcome and Rebuild*. This edition is co-authored by Jeff Seery.



The Triumph Program: Justice-Involved Edition is available to all inmate populations. The process of discovering, writing and sharing their triumph stories in a **Triumph Program Small Peer Group** is as effective for all inmates as it is for veterans. Such small groups provide rare and essential safe-space environments for inmates to process traumas, grief, and pain, as well as facilitate healing in deep and life-changing ways. Co-author Jeff Seery is also the founder of the **Pathfinder Project** which works in tandem with **H.O.N.O.R. Mentoring**. This Justice-Involved Edition of the program is appropriate for both jail and prison facilities.

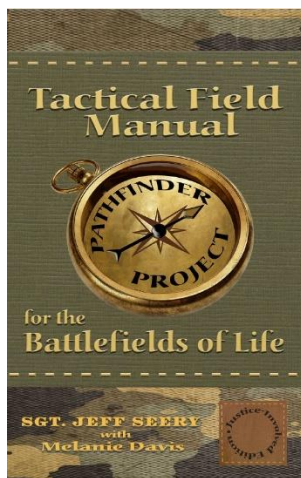


The Triumph Book and **HEROES** are collections of stories from people who have overcome great adversities and which serve as companions to *The Triumph Programs*, providing evidence that it is possible to find purpose and meaning in our adversities.



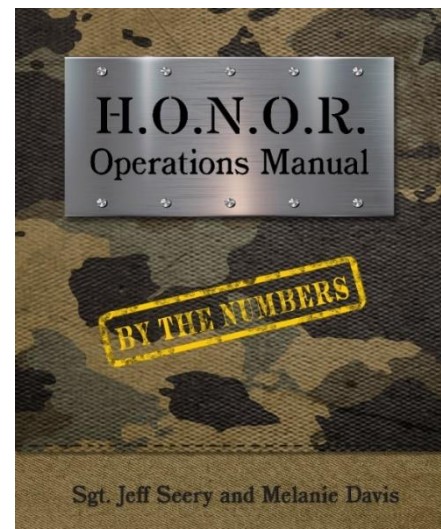
The *Pathfinder Project Leadership Training Manual and H.O.N.O.R. Mentoring Implementation Guide* prepare chosen leaders to effectively run these partnering programs' activities, classes, and curriculum. Based on proven principles and the mindset of our military, prisoners can become powerful, positive agents of change for their unit neighbors. Labeled “**Forward Scouts**” upon completion of the training, these leaders will have the skillsets and knowledge to help transform the culture of the prisons where they serve, especially as they utilize and implement the theory and structure of **H.O.N.O.R. Mentoring**, which is outlined in the second half of this manual.

Jeff Seery, founder of **Pathfinder Project** (which is endorsed by **SAFE Prisons**), infuses this training manual with the philosophy and methodology he learned in his special operations military career. Alongside others, Seery helped reduce a suicide epidemic at the unit where he is “deployed as an incarcerated veteran.” This manual will equip prison units to have the force-multiplication of Jeff Seery’s successes through the leaders who go through this detailed instruction. The training and implementation of this manual will effectively resolve some of the most troubling issues including drug addictions and suicide.

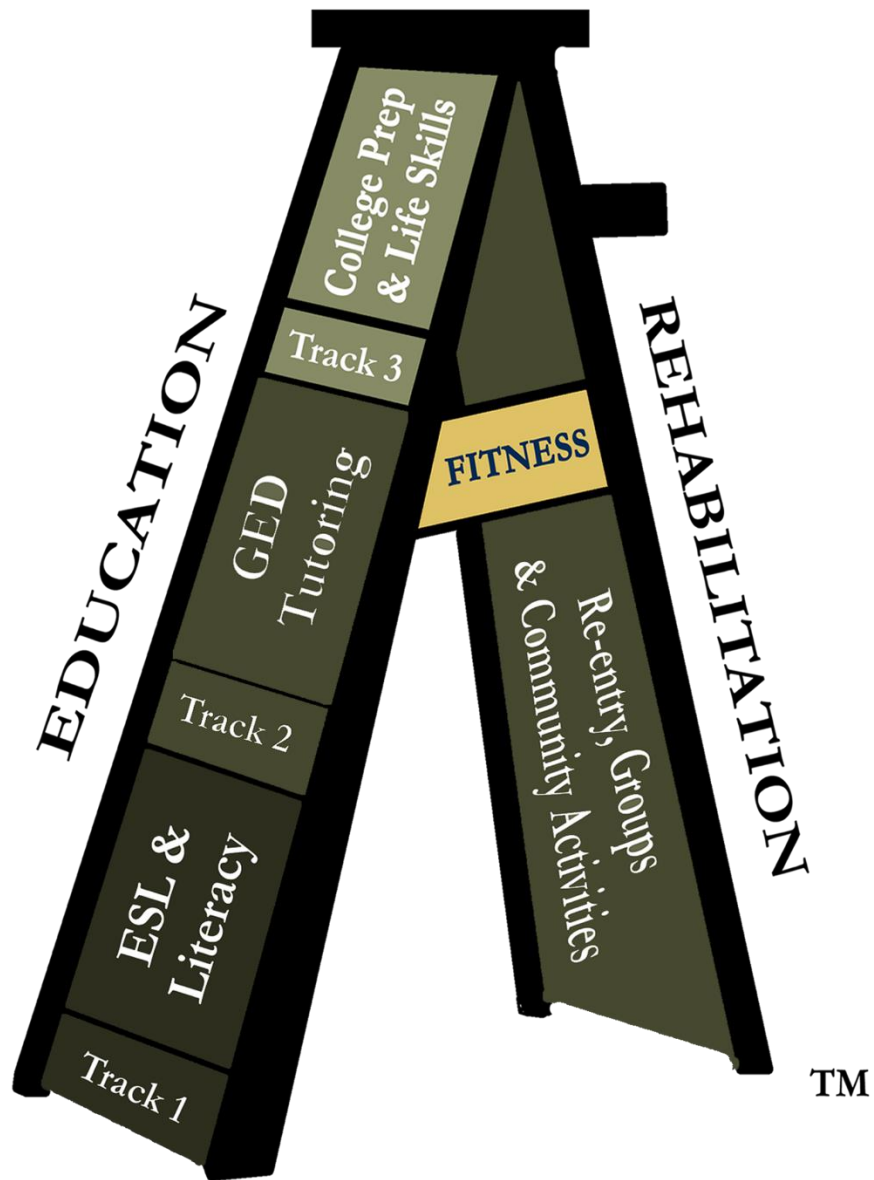


Tactical Field Manual for the Battlefields of Life teaches actual military tactical strategies used for winning wars and translates them into day-to-day practical applications for the prison environment and beyond. This field manual will empower program participants to learn and apply tactics that will help them build (or rebuild) their foundations, conquer emotions, and prepare ahead of time to respond to the challenges they face with action instead of destructive reactions. This manual is intended for use with all incarcerated populations, prison or jail, and is facilitated by the officially trained **Pathfinder Project Forward Scouts**.

H.O.N.O.R. Operations Manual: By The Numbers provides the step-by-step, logistical processes and phases for implementing the HONOR Mentoring program once **Pathfinder Project Forward Scouts** have been trained. **COMING SOON**



H.O.N.O.R. Mentoring Ladder of Success



***A WHOLISTIC Approach to
Justice-Involved Rehabilitation***



U.S. HOUSE OF REPRESENTATIVES
COMMENDATION

In recognition of

HONOR MENTORING

for receiving

**THE GOVERNORS
AWARD**

October 19, 2019

On behalf of

*United States Congressman Kevin Brady
of the Eighth District of Texas*



A handwritten signature in blue ink, reading "Kevin Brady".



STATE REPRESENTATIVE
JAMES WHITE

CORRECTIONS - CHAIR
INTERNATIONAL TRADE &
INTERGOVERNMENTAL AFFAIRS

DISTRICT 19
HARDIN, JASPER
NEWTON, POLK, TYLER

December 10, 2018

To whom it may concern,

I am honored to recommend the H.O.N.O.R Mentoring Program which fills the need at TDCJ for non-faith based programming. It provides a sense of community as well as opportunities for the justice-involved to gain value and purpose as they serve one another, using their talents and knowledge to become mentors assisting with literacy, GED tutoring, college prep and other life skills classes as well as reentry assistance. I believe the relationships and neighborliness it can generate will improve day to day life in prison while creating opportunities for growth and rehabilitation, which prepares justice-involved for the best chance of success upon release. Learning to function in a community, outside of the separation that results from the majority of programs being based on specific faiths, is a vital ability to function in the free world.

I believe H.O.N.O.R. Mentoring will fill the current gaps in education, rehabilitation and reentry services, providing a *wholistic* approach to reentry which can become a model program, setting the example of life-changing prison reform. It includes a trauma-based curriculum titled *The Triumph Program* which allows justice-involved to heal from the tragedies and adversities which often lead to criminal activity and incarceration. I anticipate participation in this program will lead to reduced recidivism as formerly incarcerated individuals will leave TDCJ healthier, with hope and direction for their lives as they use their time served to expand their horizons and envision a triumphant future. *The Triumph Program* also builds bridges with the justice-involved families as they come to better understand their loved ones as they read the stories coming out of the narrative therapy and small peer to peer mentoring groups which are part of *The Triumph Program* process.

I am pleased to see the H.O.N.O.R. Mentoring program developed in the TDCJ penitentiaries alongside the Field Ministers and incarcerated veterans who become the servant-leaders, and fully give my endorsement and support, believing in it's potential for success.

If I can be of further assistance, please contact me directly at 281-658-0540.

Respectfully submitted,

A large, stylized handwritten signature in black ink, appearing to read "J. White".

James White
State Representative
House District 19



KEVIN BRADY
MEMBER OF CONGRESS
8TH DISTRICT OF TEXAS
DEPUTY WHIP

CONGRESS OF THE UNITED STATES
HOUSE OF REPRESENTATIVES
WASHINGTON, D.C.

RANKING MEMBER
COMMITTEE ON
WAYS AND MEANS
JOINT COMMITTEE ON TAXATION

May 14, 2019

To Whom it May Concern,

I write to offer my support for the Triumph Program and its extension, the H.O.N.O.R. Mentoring program, as they are considered for the Governor's Award. Established by the Coat of Many Colors Ministry (CMCM) in Houston, both of these exceptional programs help veterans in the criminal justice system recognize their own heroism and explore their distinctive experiences to bring new good into the world.

The Triumph Program is dedicated to the belief that "the more purpose you find in tragedy, the less painful it becomes." As it lives out this motto, the program facilitates veterans with a space to form relationships and view past experiences from a new perspective. In equipping veterans with the tools to work through their emotions such as anger, fear, or guilt, these programs enable them to find purpose through their experience. The H.O.N.O.R. Mentoring program—which works as an extension of Triumph—takes a wholistic approach to inmate rehabilitation and not only helps those who have served overcome adversity but provides them with an outlet to tell their story, allowing the healing process to continue as they serve others.

It is imperative that all levels of government continue to recognize community-oriented organizations designed to meet local needs. I am proud to recommend Triumph for the Governor's Award for their work in our community. If I can provide any additional information regarding the Triumph Program, please do not hesitate to contact my District Director, Heather Washburn, at Heather.Washburn@mail.house.gov or 936-441-5700.

Sincerely,

Kevin Brady
U.S. Representative
Eighth District of Texas